# **STERLING HIGH SCHOOL**



#### Home of the Silver Knights

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#### **Synchronous Remote Instruction**

Tuesday, January 4 – Friday, January 7 Via Microsoft TEAMS

<u>Block</u>	<u>Start Time</u>
3a/3b	7:30a
Block 1	8:00a
Block 2	9:00a
Block 4	10:00a
Block 5	11:00a

\*Online and On Time

\*\*Must have Camera on to be considered "Present Online"

## Athletics

Athletics will continue at normal scheduled p.m. hours Athletes enter through weight room entrance

### Food Pick Up

Wednesday, January 5 from 1:00p-3:00p 5 days' worth of Breakfast/Lunch meals Cafeteria Doors by the new Parking Lot and outdoor eating area